



The Grown-Up Girls Guide to Looking Good and Feeling Great

# THE HORMONE GUIDE

## SURVIVAL TIPS FOR MEN: HOW TO ASK A QUESTION TO A WOMAN

DANGEROUS	SAFER	SAFEST	ULTRA SAFE
What's for dinner?	Can I help you with dinner?	Where would you like to go for dinner?	Here, have some wine.
Are you wearing that?	You sure look good in brown!	WOW! Look at you!	Here, have some wine
What are you so worked up about?	Could we be overreacting?	Here's my paycheck.	Here, have some wine.
Should you be eating that?	You know, there are a lot of apples left.	Can I get you a piece of chocolate with that?	Here, have some wine.
What did you DO all day?	I hope you didn't over-do it today.	I've always loved you in that robe!	Here, have some wine.

*Are You 40+ and Feeling Clueless About Your Skin Care, Cosmetics, Hair, Health, Hormones ... Life?*

Beauty Bloomers has loads of helpful tips and how-to's, plus top-rated affordable product recommendations to help you look and feel... Gorgeous, Healthy, and Happy.

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